

ERÖSS HENRIETTA

PORTFOLIO · 2026

Film director and PhD student at Sapientia University. I make films and write about film.

ABOUT 2

DIRECTING 3

PHOTOGRAPHY 7

OTHER FILM WORK 8

WRITING 10

CONTACT 10

ABOUT



After the science class in secondary school I turned towards art, and in the autumn of 2021 I began studying directing in the Film, Photography and Media programme of Sapientia University's Faculty in Cluj-Napoca, where I later continued with a master's degree.

When I watched the films I had made during my university years one after another, I realised that they are all connected by the tangle of human relationships, the tension of unspoken thoughts, the complicated, slow resolution of emotional conflicts, or else the grief of being unable to find closure.

I am currently a PhD student at Sapientia University's first doctoral school, the Doctoral School of Intermediality and Film Studies, where I will be researching the intermediality of the films of the Romanian New Wave. Alongside this I am preparing my first feature film. Its subject fits the films I have made so far, as through a personal conflict I would like to draw attention to a childhood trauma, a problem that can be put in universal terms, on the level of society.

Besides my doctoral research I am also trying to develop my affinity for writing, and so my film reviews and a book review have already appeared in Filmtett and Helikon.

An undisguised aim of this website, however, is also to "publish" my own writing here, out of a desire to communicate and to develop my writing skills.

So browse my digital diary and footprint boldly and at your leisure!

— *Original language: Hungarian (machine translation)*

GYURI

2026 · 21 MIN



In a remote Transylvanian village, a fragile closeness forms within a single day between a documentary filmmaker from the city and a withdrawn local young man, and falls apart as quietly as it was born.

SYNOPSIS

Sanyi, a young documentary filmmaker, arrives in a village in Szeklerland to record interviews. But the subject he set out to capture slowly slips away from him, and he turns the camera more and more toward Gyuri. What he records from that point on is no longer the film he came to make. Over the afternoon, in the moments he films himself, the two of them draw ever closer. What surfaces between them is never named, and in this village, it cannot be.

DIRECTOR'S NOTE

This short film is a restrained emotional study of how desire is born and how it is suppressed, and at the same time an introduction to the world and tone of a feature film in preparation. Through the relationship of two men in their late twenties, it shows a world where feelings can rarely be spoken about openly and desire often comes with guilt. We worked with the language of documentary, natural light and a handheld camera to create the intimacy and authenticity the story needs.

— *Original language: Hungarian (machine translation)*

YEAR	2026
RUNNING TIME	21 min
FORMAT	digital
ASPECT RATIO	16:9
LANGUAGE	Hungarian
PRODUCTION	Sapientia University, Cluj-Napoca

CREDITS

Cast **Tar Erik (Gyuri), Pászka Róbert (Sanyi), Méhes Katalin (Nagymama)**

Director **Eröss Henrietta**

Cinematographer **Pászka Róbert**

Production manager **Szilágyi Edvin**

Assistant directors **Nagy Dorottya, Surányi Dániel**

Screenwriter, dramaturg **Toncea Boróka**

Sound recordist **Soós Áron-Szabolcs**

Script supervisor, clapper **Nagy Dorottya, Surányi Dániel**

Set photography **Demjén Dóra, Fülöp-Sala Balázs**

Editors **Eröss Henrietta, Pászka Róbert**

Sound post-production **Pászka Róbert, Soós Áron-Szabolcs**

Colourist **Pászka Róbert**

Music **Soós Áron-Szabolcs**

English and Romanian translation **Eröss Henrietta**

Subtitles **Eröss Henrietta**

Supervising tutor **Nagy V. Gergő**

Consultants **Janisch Attila, Lovas Balázs, Szabó Tamás, Szőcs Petra**

Thanks **Kayak Bezid**

MY GIRL

2024 · 10 MIN



A father cannot accept his daughter's deafness and insists on a traditional school.

SYNOPSIS

Márton (29) and Kriszta (27) are raising their hearing-impaired daughter Éva (7) in a small town. As the start of school draws near they argue more and more, because Márton wants to send her to the local primary school and Kriszta to a special school. After the constant quarrels and the bullying Éva suffers, Márton lets go of his pride and accepts that the local school is not right for his daughter. The family moves to Cluj-Napoca, where Éva settles into the school for the hearing impaired.

DIRECTOR'S NOTE

The film follows a small family through difficult days: Éva, who is hard of hearing, is about to start first grade, and her parents imagine her future differently. Kriszta, the mother, has already accepted her daughter's situation and would enrol her in a special school, while Márton, the father, insists on a mainstream school and only realises by the end that his daughter's interests have to come first. I wanted to show the clash of two parenting attitudes and the hard road to acceptance, because parents raising disadvantaged children struggle constantly with themselves and with their surroundings.

— *Original language: Hungarian (machine translation)*

YEAR	2024
RUNNING TIME	10 min
FORMAT	digital
LANGUAGE	Hungarian
PRODUCTION	Sapientia University

FESTIVALS & AWARDS

24th Filmtett Festival
Audience Award and Special Award of the Hungarian National Film Institute

Slow Film Festival, Eger
2025 · Special Award

Gopo Awards
2025 · Nominated: Best Short Film

33. Országos/Kárpát-medencei Diákfilmszemle
Screening

Mindformers
Screening

Doublerise
Screening

WATCH →

CREDITS

Director **Eröss Henrietta**
Director of photography **Pászka Róbert**
Production assistant **Lőrinczi Tamás, Surányi Dániel**
Dramaturg **Kassay Anna**
Cast **Kolcsár József, Simond Rita, Antal Anett, Flora Emese, Bálint Krisztina-Ágnes, Botár Angéla, György Anett**
1st AD **Surányi Dániel**
Focus puller **Fekete László**
Gaffer **Papp Balázs**
Electricians **Bogács Arnold, Göröcs Tas**
Casting assistant **Fazakas Lehel**
Set and costume designer **Nagy Anita**
Makeup **Ördög Kinga**
Boom operator **Csíki Botond**
Colourist **Pászka Róbert**
Sound design **Csíki Botond**
Script supervisor **Kassay Anna, Surányi Dániel**
Behind the scenes **Sárig Andrea, András Fanni**
Editor **Eröss Henrietta**
Music **Leandrosz Vulgarasz**
Lead teacher **dr. Lakatos Róbert**
Consultants **Fekete Ibolya, Nagy Viktor Oszkár, Maly Róbert, Fazakas Áron, Böjte Alex**

CHASING

2023 · 11:36



SYNOPSIS

Gáspár (22) and Kata (18) meet at a train station. At first glance they don't know each other, and their lives are very different. During their awkward conversation it turns out that their paths are not so parallel after all, as the two of them grew up in the same village. Nostalgia fills the run-down waiting room. But the mood soon changes when another fact comes to light. Gáspár's life went off track when, during a children's game, he tried to protect Kata. Now she has to decide: leave the poor boy behind once again and get on the train, or stay with him.

DIRECTOR'S NOTE

The film grew out of a mix of my childhood memories and my own experiences. I often think about what became of the children I used to play with in my grandmother's village. Many images stayed with me: munching sweets on the edge of the ditch, or my grandfather's bicycle, which was a bit too big for me but did the job, and whose handlebars always dug into the wet ground, so I often had to pick blades of grass out of the rubber grips. We played together, discovered Bluetooth together and swapped songs recorded from the radio. And now I don't know what has become of them. The film is the recognition of that feeling.

— *Original language: Hungarian (machine translation)*

YEAR	2023
RUNNING TIME	11:36
FORMAT	digital
ASPECT RATIO	16:9
LANGUAGE	Hungarian
PRODUCTION	Sapientia University, Budapest Metropolitan University (METU)

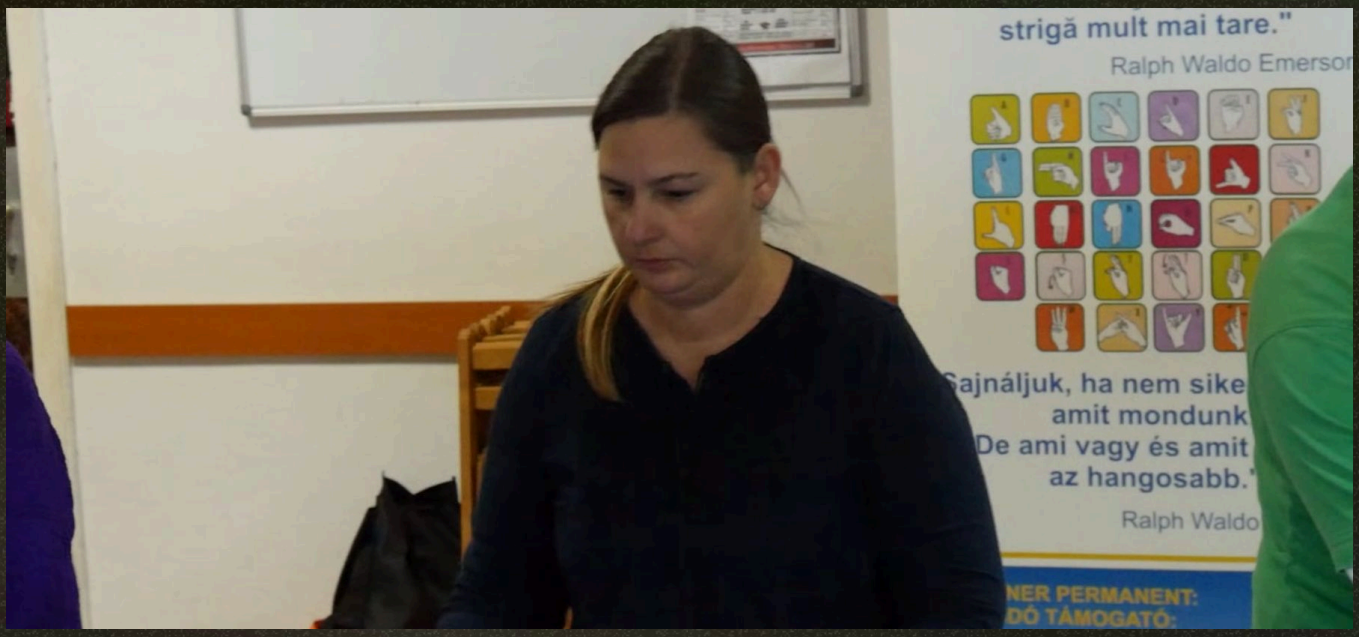
WATCH →

CREDITS

Director **Eröss Henrietta**
Director of photography **Tóth Angéla**
1st AD **Herbály Blanka**
Production manager **Számi Ahmed**
Cast **Szekeres Blanka, Hencz András**
Focus puller **Tóth Péter**
Camera assistant **Kertész Ambrus**
Gaffer **Papp Balázs**
Electricians **Sashalmi Máté, Sor Bánk**
Makeup **Blága Eszter**
Boom operator **Adamcsik Tamás**
Colourist **Barta Szabolcs**
Sound design **Csomós Bence**
Script supervisor **Erdei Sándor**
Behind the scenes **Fazekas Dóra**
Editor **Győri Benedek**
Lead teachers **Babos Tamás, Csukás Sándor, Gózon Francisco, Fekete Ibolya**
Music **Cloverfield – Dubious**

QUIET HOLIDAYS

2022 · 9:07



SYNOPSIS

The observational documentary is about a community of the Romanian Deaf and Mute Association, in Harghita county. The board members of the association prepare gifts for the children of the community on the occasion of Santa Claus. It begins with the preparations for the packing and ends with the celebration.

In my work, I emphasize the president, who plays an important role in the story. The artwork follows the relationships and the conflicts between the president and the board members. It pays close attention to the actions and reactions between the deaf people and the president.

DIRECTOR'S NOTE

A look at my family's everyday life, made as a university exam film.

— *Original language: Hungarian (machine translation)*

YEAR	2022
RUNNING TIME	9:07
FORMAT	digital
ASPECT RATIO	16:9
LANGUAGE	Hungarian, sign language
PRODUCTION	Sapientia University

FESTIVALS & AWARDS

12th TDK (Student Research Conference), Sapientia University, Cluj-Napoca
2023 · 1st prize, OTDK nomination

WATCH →

CREDITS

Director, cinematographer: Eröss Henrietta

Cast: Eröss Tünde, Eröss Elemér, Kiss Csaba, Fancsali Zsolt, Lakatos Katalin, Curtusan Marta, Karda Zoltán, Murariu Mariana, Murariu Izabella, Murariu Mihály and other members of the association

Lead teacher: Lakatos Róbert

Music: Angels We Have Heard On High (instrumental)

ANALOG PHOTOGRAPHY

2022–2023

The experiment of using the old technique of photography.

















OTHER FILM WORK

2026

HEMOGLOBINOS FILM

PRODUCTION MANAGER · DIRECTOR: PÁSZKA RÓBERT

Boti, an eccentric and lonely artist, makes his blue-toned pictures with the old light-sensitive process of cyanotype. His life and his flat begin to slowly fall apart when he discovers that his home is infested with bedbugs. The insects and the arrival of the exterminator bring to the surface Boti's latent paranoia and his morbid urge to create.

— *Original language: Hungarian (machine translation)*



2026

LEPEDŐK ALATT

SCRIPT SUPERVISOR, FILM DEVELOPING, SET PHOTOGRAPHY · DIRECTOR: ERŐS ABIGÉL

Kata, the protagonist, is besieged by suitors. She puts them through strange, ominous trials in the dark crypt of the cemetery. The suitors have no idea that behind the bizarre tasks lies a deep, hidden past.

— *Original language: Hungarian (machine translation)*



2025

SZÁLKA

PRODUCTION MANAGER · DIRECTOR: BEN MURZSA

A young Transylvanian couple's peaceful and secluded life is forcefully corroded when the wife's hallucinations of the forest make her question fiction from reality.

2024

ELHERVADT EMLÉK

1ST ASSISTANT DIRECTOR · DIRECTOR: SURÁNYI DÁNIEL

Áron returns to the village he moved away from with his mother when he was a small child. Though he has no memories to tie him to the place, one thing still calls him back to reconnect with the past: the matter of his father's grave. In addition to administrative duties, there is another motive that drives him to a determination bordering on madness: to mourn his father's absence for the first time in his life. But in his search for a burial plot, he discovers an unexpected truth that makes him question how he can bring closure to the grieving process.

2024

THIS FILM WAS SHOT WITH A DIGITAL CAMERA

ASSISTANT DIRECTOR, PRODUCTION MANAGER, SCRIPT SUPERVISOR · DIRECTOR: PÁSZKA RÓBERT

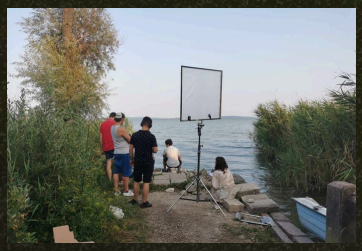
Two young people, in search of a ghost, explore an abandoned castle. The anguish caused by the castle strains not only their stamina but also their friendship.

2023

BÉKALENCSE

1ST ASSISTANT DIRECTOR, ACTRESS · DIRECTOR: MAÁSZ DÁNIEL

The film is about the random encounters of five different characters at a beach on Lake Balaton. The characters spend three days together, which has a huge impact on each of their lives. The film gives an insight into the characters' changes and the atmosphere of the iconic Balaton summer.



2023

MARI

1ST ASSISTANT DIRECTOR · DIRECTOR: KASSAY ANNA

Mari (2023) is an independent short drama film about a 16-year-old girl's inner struggle after her traumatic experiences. The film invites the audience to observe, associate and freely interpret the inner world of the main character, who lives in an environment where talking about emotions and pain is taboo. Growing up, love, sexuality, motherhood, the parent–child relationship, tradition and connection to nature are all explored in the film.



2023

MENVRA

SECOND ASSISTANT DIRECTOR, ACTRESS · DIRECTOR: KASSAY ANNA

Menvra is a short experimental film and music video about art. The film explores the meaning of creation, presenting the artist, the subconscious and creativity embodied in three women. Music: Luna and Subp Yao, Styx.



WRITING

PUBLISHED ELSEWHERE

12 November 2026

TÖBB DHARMA, KEVESEBB DRÁMA

Nitesh Tiwari: Ramayana – Rise of a Legend / Rámájana – Legenda születik

FILMTETT

29 October 2026

VÉN BOLONDOK AZ ORSZÁG ÉLÉN

Paul Greengrass: The Uprising

FILMTETT

3 September 2026

TÍZ ÉV MOZI, HÉT PERCBEN

Kránicz Bence: A helyemen ülsz. Válogatott filmkritikák (Prae, 2025)

FILMTETT

25 July 2026

LICHTER NYOMOZ LICHTER UTÁN

Lichter Péter: A detektív, aki tintahalakkal álmodott (Prae, 2025)

HELIKON, 2026/14. (940.) SZÁM

The articles are in Hungarian.

CONTACT

erosshenrietta@gmail.com

Instagram @eross_heni

© 2026 Eröss Henrietta